DAVID

McLAURIN

CLINICAL PSYCHOLOGIST

**MPsych., Member Australian Psychological Society,**

**Member College of Clinical Psychologists**

**www.superclinicpsychologist.com.au**  (would prefer this somewhere up the top)

Casey Superclinic, Ground Floor, 50 Kangan Drive, Berwick

**Phone:    9707 2775**

After Hours & Saturday appointments available

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**PSYCHOLOGICAL STRATEGIES FOR:**

Anxiety & Worry

Depression

Sleep Difficulties

Relationship Problems

Panic

Stress

Burnout

Overcoming Procrastination

Achieving Life Goals

Dealing with Difficult Personalities

Anger

Legal Concerns

Obsessive Compulsive Behaviours

Self Esteem Problems

Trauma/Post Traumatic Stress

Social Anxiety

Confidence Building

Phobias

Assertiveness

Body Image Issues

Mood Problems

Identity Difficulties

Bipolar Disorder

Post Natal Depression

Grief & Loss

Coping with Life Change

Overcoming Childhood Trauma

Relaxation